



Los Gatos Community Aquatics Center Pool Rules

- Guests must obey all pool rules and follow the directions of lifeguards and staff at all times.
- 1 parent is allowed on the pool deck for swim lessons. Spectators are not allowed on the pool deck for all other activities.
- No one may enter the pool without a lifeguard present.
- Locker room showers and sinks are off limits.
- Swimmers must place belongings on the chair by your lane.
- All swimmers must shower before entering the pool and must wear proper swim attire. T-shirts may be worn over a bathing suit.
- Young children must be accompanied by a responsible adult or sibling. The adult or sibling must be within arm's reach of the child at all times.
- Only Coast Guard approved lifejackets are permitted.
- No inflatable, personal floatation devices are permitted.
- Pool noodles and rafts/tubes are not permitted as they obstruct the view of lifeguards.
- Animals shall not be permitted in the public pool or except as provided in Civil Code sections 54, 54.1, and 54.2 (service animals).
- No running on the pool deck and in the locker rooms.
- Prolonged underwater swimming or breath holding is prohibited.
- No one will be permitted in guard chairs except certified lifeguards on staff.
- No swinging or hanging on ropes, rails and lane lines.
- No horseplay - including dunking, pushing or pulling others.
- No sitting or standing on other swimmer's shoulders or hanging on fellow swimmers.
- No falling/jumping backwards into the pool, this can cause injury to yourself and/or others.
- No food/drink.
- No glass containers.
- Alcoholic beverages are not permitted.
- Children not bathroom trained must wear disposable swim diapers.
- No smoking allowed anywhere in or around the facility.
- No swimming under the bulkhead and/or pool covers.
- Third party group/private swim lessons are not permitted.
- All skateboards, bikes and scooters must be walked while on deck.
- LGS Aquatics assumes no liability for the loss or theft of a guest's personal belongings.
- The Head Lifeguard or Aquatics Coordinator may close the entire pool facility, or any portions of the pool for any safety or maintenance reason.

Diving Rules

- No diving in shallow areas.
- All patrons wishing to use the diving boards must pass a swim test (25 yards unassisted).
- No goggles allowed on diving boards.
- Only one person on the board at a time.
- Divers cannot step on the board until the previous person reaches the appropriate ladder.
- Front flips (1-meter boards only), jumps, and dives only. **NO BACKFLIPS OR GAINERS.**
- Only one bounce on the board.
- No sitting or handstands allowed on the boards.
- The fulcrum is to remain in the forward position at all times.
- Exit the diving area using the appropriate ladder promptly after jumping off the board.
- No swimming in designated diving well area (swim instructors exempt during swim lessons).
- No jumping off the sides of the diving board. Guests must jump straight forward off the board.
- No one may catch or assist someone off the board (swim instructors exempt during swim lessons).

Thank you for helping keep our pool safe and enjoyable for everyone!